

# Liahona Treatment Center

Where Today's Struggles Become Tomorrow's Strengths

## Our Mission

Liahona Treatment Center is Therapeutic Boarding School for Boys. We serve boys of Junior High and High School, ages 12-17. Located in Southern Utah, Liahona Treatment Center was developed to help teens that are headed down a destructive path. Problems with depression, drugs, alcohol, academic difficulties, poor social skills, ADD, ADHD, problems with authority, and teens who are following their own path regardless of who they are hurting – these are a few of our areas of expertise.

Providing teens with the tools they need to reach the potential they possess is the main objective of Liahona Treatment Center. Parents often realize that something must be done to change their son's present course. In many instances, intervention in a controlled environment becomes essential. Without a controlled environment, any attempt to intervene becomes invalid by influences of outside sources. Liahona Treatment Center provides boys with the social skills, strength, and confidence they need to reject negative influences.

## Therapy:

Therapy is an effective element that we utilize to accomplish our overall design to help students build inner strength, overcome behavioral problems, develop good communication and problem solving skills.

Individual Therapy is provided to help boys recognize greater insight into their behavior and give them an opportunity to establish a relationship of trust with their Counselor. In this private environment, boys are able to sort out issues that may be too difficult for them to reveal to others in a group environment. Group Therapy includes leadership training groups, special interest groups, anger management, drug abuse treatment, educational lectures, victim awareness groups, and positive peer groups. Family Therapy Sessions are offered at the transitional point of the Program, when a student is nearing the time of returning home so there are no residual issues that are not resolved.

## Programs

Liahona Treatment Center provides a well-structured program that includes the following:

- Individualized Academic Instruction
- Individual & Group Therapy – (with Licensed Therapists)
- Personal Development Course & Seminars
- Daily Behavior Evaluations
- Daily Physical Fitness (nutritional education & fitness training)
- Weekly Leadership Training Workshops
- Group Activities – hiking, waterskiing, swimming, fishing, and camping within Southern Utah at Zion National Park.
- Vocational Training – (which also includes entrepreneurial education with the opportunity to start their own business when eligibility is earned)
- Weekly Service Projects within the local communities. Cleaning the community, helping local businesses, and projects to help those in need.
- Liahona Treatment Center Flight Instruction Course (for upper level students)



Liahona Treatment Center  
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### Academics:

Liahona Treatment Center’s accredited academic program and fully licensed teaching staff provides your child with a positive learning environment. Our curriculum is designed to allow students to advance at their own pace neither hindering their development nor allowing them to advance before they are ready. Liahona Treatment Center has a reputation for accommodat-ing a wide variety of learning styles by using various teaching strategies from room study to hands on learning. Any credits earned at Liahona Treatment Center will transfer back to your son’s high school. We also work with those that have Individual Education Plans or need one.



### Amenities:

Liahona Treatment Center is located in a serene valley at the foot of Zion Canyon. We are committed to making your child’s recovery experience as pleasant as possible. Choosing Utah’s beauty and remote location allows your child to completely settle into the structure of the program. It also puts your child far from the temptations of the outside world and the closeness of home with its conveniences.

Your child will be housed in a controlled environ-ment promoting family style living and values. Three square meals will be served a day by our nutrition specialist, so you don’t have to worry about your child’s health.



### Transportation:

Liahona Treatment Center’s in-house staff and affiliated resources can help you with the hardest step in your child’s recovery, getting him to the treatment facility. We are experts at safely picking up and transporting your child from your home, or current residence to Liahona Treatment Center. Let Liahona Treatment Center make this process a smooth transition.



### Follow up Programs:

Making sure your child has been rehabilitated is our foremost concern. Our staff will continue to be in contact with your family over the phone and through written correspondence to insure that consistent recovery is achieved through the critical time after your child comes home.

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